

Leisure, Health & Sports

Rental bikes

For our tenants and employees we are offering rental city bikes, for doing some shopping during lunch time or a short trip to the Wörthersee. The bicycles are for free on the first day, afterwards there are EUR 2.00 rental rate per day.

You can borrow a bike at »Alles Gute« during the opening hours (Monday to Friday 8 a.m. to 1 p.m.) - you will be asked for identification. From 1 p.m. to 5 p.m. you get the bikes at our office in building B11.

Bike Service Station

For small repairs you will find our bike service station at the bicycle parking spaces at B01. A hose vending machine is located at the central bicycle parking spaces of the Alpen-Adria-Universität Klagenfurt.

Occupational health care

We offer our tenants and their employees the possibility of free occupational health care. Once every quarter Dr. Sigrun Maier from AMI (Arbeitsmedizinisches Institut Kärnten – Occupational Health Institute Carinthia) is available for medical questions and requests.

The offer includes control of the vaccination card, vaccinations, workplace counseling, birthmark precaution as well as nutrition or sports consulting.

If you are interested, you are welcome to subscribe to the mailing list, please contact [Lisa Svetina](#).

Discounted tariff at the USI University Sports Institute

You will pay tariff 3 (or 4) for any course you register for at the *University Sports Institute (USI)*. As a tenant at Lakeside Park, we will refund the individual difference to tariff 2 directly.

Please note that season passes for the gym, kletterwand USI, boulderama, seminars|camps etc. as well as courses taking place outside Klagenfurt or during semester breaks are *excluded*. The difference amount is calculated for max. three courses per semester.

For refunds please forward a copy of the course card to [Ulla Rohringer](#).

You will need to confirm that you are an employee of a company settled at Lakeside Park. If you are interested, please send an email to [David Pitschmann](#). With the document received, you can register at the secretariat of the USI and then register for courses.

Benefit at Fit-Inn fitness center

When registering for a one-year subscription in a studio of your choice, tenants at Lakeside Park receive the first two months free of charge (2 months free, 12 months EUR 19.99 each).

You will need to confirm that you are an employee of a company settled at Lakeside Park. If you are interested, please send an email to [Lisa Svetina](mailto:Lisa.Svetina@lakesidepark.com). With the document received, you can register at any FitInn in Austria.



Discount on the courses of SuperActive

Upon purchase of a block of stamps, employees of tenants at Lakeside Park receive the first unit free of charge once a year.

You will need to confirm that you are an employee of a company settled at Lakeside Park. If you are interested, please send an email to [Lisa Svetina](mailto:Lisa.Svetina@lakesidepark.com). You can sign up for courses with the document received. The current course schedule can be found [here](#).

You can find offers in the field of workplace health promotion [here](#).

Benefit at VEEV Health and Fitness Institute

As a tenant at Lakeside Park, you can book a free consultation including trial practice. In connection there is the possibility of a special subscription (4 weeks) for the price of EUR 99.00. The offer includes both EMS muscle training with personal care of personal trainers, EMS metabolic training on crosstrainers, Brainlight relaxation and recovery treatments, and Slimlight therapies for more efficient and non-invasive reduction of adipose tissue.

More information can be found [here](#).

Massage therapist Valentin Heintel

From classic massage to lymphatic drainage to Shen Shiatsu, Valentin Heintel offers his skills as massage therapist at Lakeside Park, Lakeside B10a.

More information can be found [here](#).

Pharmacies delivery service Obelisk Pharmacy

Employee discount system for special conditions (-15%): Orders are placed interactively (webshop, app, e-mail, fax), delivered weekly (Tuesday to 13:00) in sealed, individually packed, individually labeled, opaque containers. The orders are deposited at Lakesides post office or can be picked up personally in the pharmacy. Payment is made conveniently via ebanking, credit card or payment upon receipt of invoice.

More information can be found [here](#).

Hotels

We offer our tenants the possibility to accommodate in the following hotels, receiving low priced conditions. When booking, please mention that you are tenant in the Lakeside Park.

*Seepark Hotel*****

Universitätsstraße 104, 9020 Klagenfurt, Phone +43.463.20 44 99-0

Info.klagenfurt@lindnerhotels.at, www.lindnerhotels.at

Booking only with Lakeside booking code – the code should be available in your secretary's office. If not, please contact our office.

*Hotel Rösch****

Wörthersee-Südufer Straße 55, 9073 Klagenfurt, Phone +43.463.28 16 04

office@hotel-roesch.at, www.hotel-roesch.at

Pension Wachau

Wilfriedgasse 19, 9020 Klagenfurt, Phone +43.463.21 717-0
office@pension-wachau.at, www.pension-wachau.at

Lakeside
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